



# Living by your Convictions

Rick Bayer

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## Daniel 1:8-21

### Don't compromise Your Convictions. (v. 8-14)

The "Daniel Fast" consists of eating fruit, vegetables and grains. It's eating only that which grows from seed along with drinking water. It eliminates meat, dairy and sugar from one's diet for a period of seeking God.

### Trust God to honour your devotion. (v. 15-21)

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything."

James 1:2-4

By the grace and power of God, I \_\_\_\_\_  
resolve to \_\_\_\_\_.

### Questions for Discipleship Group/Personal Study:

When has your faith ever been under attack? How did you respond?

Why do you think Daniel and his friends rejected the royal food?

How do you think they maintained their faith in spite of learning in an anti-God culture?

Is there some "royal food" that God is asking you to reject today?

Do you agree or disagree with Rick that there is perhaps a 3<sup>rd</sup> way approach to homosexuality? Why or why not?

Is there an ethical or moral dilemma you now face which may require a 3<sup>rd</sup> way approach?

Fasting is a spiritual practice that draws you into dependence on God. What practices do you do to seek God?

"But Daniel resolved" (v. 8). Is there an area of resolution you need in your life today?

Will you like Daniel and his friends, trust God with the outcome and allow God to get the credit?

### Questions/comments about today's message?

Text 778-846-3225

Email: [rick@gracepoint.ca](mailto:rick@gracepoint.ca)  
or via twitter: [gracepointca](https://twitter.com/gracepointca)